



Gitsegukla Band Council

710 Ray Charles Avenue

Gitsegukla, BC

V0J 2J3

Phone: 250-849-5490 Fax: 250-849-5492

Toll Free: 1-888-646-1615

COVID-19 Community Protection Measures REDUCTION TO Level 4 - December 18, 2020

<u>Level</u>	<u>Monitor Access & Report</u>	<u>Controlled Access with Gated Security</u>	<u>Enforced Curfew</u>	<u>Residents* Only</u>	<u>Members** Only</u>	<u>Essential Workers</u>
Level 1	x					x
Level 2	x	x				x
Level 3	x	x			x	x
Level 4	x	x		x		x
Level 5	x	x	x	x		x

*Residents are those living in the community of Gitsegukla

**Members are those who are members of Gitsegukla Nation

Our community is decreasing from Level 5 to Level 4 and is only open to Gitsegukla *residents and essential* personnel working in Administration, Health, and Education.

As shown above, **Level 4** measures include:

- The single entry point to the community will continue to Monitor & Reporting to ensure only residents and authorized personnel enter the community; all others will be denied entry.
- Travel Radius is limited to **local travel** including Terrace, Hazelton and Smithers:
 - All residents entering the community must inform the Security Gatekeepers where they are coming from.
 - If you travel beyond Smithers or Terrace for any reason, you must inform a Security Gatekeeper. Upon returning home, you are **required to self-quarantine for 14-days**.
- gatherings are limited to 10 residents living in the community.

After 14 days, we will re-examine the protection level.

This message is from the Gitsegukla Band Council

The following restrictions have been implemented immediately:

1. Gatherings of 10 community residents, while following COVID Protocol
2. Travel between Smithers and Terrace only, anything outside of those boundaries require 14 day self isolation.
3. Follow the COVID protocol: hand wash, wear a mask and social distance.
4. If you feel sick or have any illness testing can be arranged by calling 1-844-645-7811

COVID Symptoms include:

- Fever
- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Sore throat
- Runny nose
- Loss of sense of smell or taste
- Headache
- Fatigue
- Diarrhea
- Loss of appetite
- Nausea and vomiting
- Muscle aches

If you have any questions you can also call 811.

Stay safe everyone and be kind.

We will get through this.