

# Gitsegukla Health Center

December 2020 Notice

Health Center CLOSED December 21 – January 3

## Emergency Contacts

First Responders	Health/Counselors	Other Contacts
Call 911 and they will dispatch the First Responders as appropriate as there are COVID protocols that must be followed.	Julia Sundell – Health Director (778) 202-2589	Sandy Rodgers – FAST Coordinator (778) 202-1428
	Mandy Cormier – Wellness Counselor (250) 849-5231 ext. 227	Poison Control 1-800-567-8911
	Maps Akinrinade – Mobile Support Team (778) 202-7797	RCMP Victim Services (778) 210-0283
COVID testing during holidays <b>1-844-645-7811</b>	Andi Schulz – Counsellor (587) 225-5539	MCFD After-Hours 1-800-663-9122
	Alf Brady – Counsellor (250) 842-3291	<b>PATIENT TRAVEL</b> (778) 202-7870
	Nurse Helpline 811	<b>O&amp; M Emergencies – Darrell Turner</b> (250) 849-5389

Mandy Cormier – Wellness Counselor, will be available for appointments December 21, 22, 23, 28, 29, & 30

Call Mandy to book an appointment or if you are in need of support during the holidays

(250) 849-5231 ext. 227

# Online/Telephone Contacts

**KUU-US**  
**CRISIS RESPONSE SERVICES**  
**1-800-KUU-US17 | 1-800-588-8717**  
CHILD/YOUTH: 250.723.2040 ADULT/ELDER: 250.723.4050

**CULTURALLY SAFE  
HELP AVAILABLE**

**24 HOURS A DAY  
7 DAYS A WEEK**

**FIRST NATIONS AND  
ABORIGINAL PEOPLES  
HELPING FIRST NATIONS  
AND ABORIGINAL PEOPLES**



First Nations Health Authority  
Health through wellness



KUU-US Crisis Line Society

Whenever you need to talk, we're open.



Text 686868  
KidsHelpPhone.ca  
Call 1-800-668-6868

Kids Help Phone 

HealthLink BC can help you find mental health or substance use information and support

**Call 8-1-1 any time of the day or night**



24/7 - anonymous - confidential - in your language

**YOUTH AGAINST VIOLENCE LINE**  
**1-800-680-4264**  
info@youthagainstvviolenceline.com  
**Stand up. Be heard. Get help.**