



# git·se·guk·la

PEOPLE OF SEGUKLA MOUNTAIN

## COVID 19 Committee Update – 2 February 2021

Current active cases	4
Cases recovered	6
Test results outstanding	1
Total community positive results during pandemic	10

All current cases are self-isolating and supported within the community by the health team. Contact tracing is done immediately and those deemed “high-risk” contacts are notified asap.

The COVID Committee will release a weekly update every Tuesday. Should positive test results be received during the week, we will update the community as the results become available.

The community is still in LEVEL 4 lockdown which means **only residents** can enter the village. Travel is limited to essentials only (groceries, health care, work. There should be no gatherings and **essential workers only** will be allowed in the village.

Follow the COVID protocol: hand wash, wear a mask and social distance. Keep your bubble limited to those in your home. The best prevention is to treat everyone you cross paths with as positive for COVID.

**If you feel sick or have any illness call our nursing team Mary Ann and Randy at 250-849-5231 Local 223. Evening and weekend testing can be arranged by calling 1-844-645-7811**

COVID Symptoms include:			
Fever	Chills	Nausea and vomiting	Cough
Shortness of breath	Runny nose	Headache	
Fatigue	Diarrhea	Loss of appetite	
Muscle aches	Sore throat	Loss of sense of smell or taste	

If you have any questions, please do not hesitate to speak to our nursing team Mary Ann and Randy at 250-849-5231 Extension 223.

Stay safe everyone and be kind. We will get through this.

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